

# *Nabulsi Encyclopedia of Islamic Science*



# *Ramadan Fatawa*



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# **Fatwa (01): Is it permissible for women to have some medication to delay menstruation in Ramadan?**

**In the Name of Allah, The Most Gracious, Most Merciful**

## **Question:**

Dear Dr. Nabulsi,

Is it permissible for women to take some medication to delay menstruation so that they can fast all the month of Ramadan?

Thank you .

## **Answer:**

Dear sister,

Assalamu Alaikum,

It is permissible if the doctor confirms that it has no bad effects on their health, but we advise them not to do because it is a natural thing and it will not be more rewardable if she fasts the whole month.

Best regards.

**Praise be to Allah, the Lord of Creations**



## **Fatwa (02): Is it permissible to pregnant women to leave fasting in Ramadan?**

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

Dear Dr. Nabulsi,

In Ramadan, inshaallah, I will be in the 9th month of pregnancy. I don't think that fasting will be dangerous for me or the baby, but my husband is afraid that it may affect the baby.

Is it permissible for me not to fast and could fasting affect the baby?

Thank you .

### **Answer:**

Dear sister,

Assalamu Alaikum,

Pregnant woman can leave fasting in Ramadan and fast the same number of days later on, and you can decide if it could affect the baby or not.

Best regards.

**Praise be to Allah, the Lord of Creations**



## **Fatwa (03): Can a breastfeeding mother leave fasting in Ramadan?**

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

Dear Dr. Nabulsi,

Assalamu Alaikum,

I am a mother of three twins who are 2.5 months old. I am giving them breastfeeding together with bottle feeding as my milk is not enough for three. I'm afraid that fasting would make me loose milk and stop breastfeeding.

Shall I fast during Ramadan or not, and if not, what should I do?

Thank you .

### **Answer:**

Dear sister,

You can leave fasting in Ramadan and fast the same number of days later.

Best regards

**Praise be to Allah, the Lord of Creations**



## **Fatwa (04): Fasting in countries where the day is very long**

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

Dear Dr. Nabulsi,

I want to know about fasting in Scandanavian countries (Norway for example) where fajr is (2.57) and Magrib is (10.9.(

Should we fast for 19 hours or there is another choice?

Thabk you.

### **Answer:**

Assalamu Alaikum;

Dear brother,

Wherever day and night are distinguished, Muslims should fast from fajr (dawn) till magrib (sunset), and those who can't should break the fast and fast the same number of days later.

As for those countries in which day or night last for months, Muslims should fast depending on the time of the closest country to them in which day and night are distinguished.

Best regards

**Praise be to Allah, the Lord of Creations**



## **fatwa (05) : Breaking the fast in case of travel**

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

Dear Dr. Nabulsi

A friend of mine travelled for six days during Ramadan and broke her fast, what should she do?

Thank you.

### **Answer :**

She should fast the same number of days before next Ramadan.

Best regards

**Praise be to Allah, the Lord of Creations**



## **fatwa (06) Using toothpaste while fasting**

**In the Name of Allah, The Most Gracious, Most Merciful**

**Question :**

Can we use toothpaste while fasting if we don't swallow any of it?

**Answer:**

Yes, You can, but it is better to use it before starting your fast.

**Praise be to Allah, the Lord of Creations**





## fatwa (07): Ranks of fasting

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

What are the ranks of fasting?

### **Answer:**

The first type of fasting is the fasting of common people; it is the fasting of the mouth (refraining from eating and drinking), the second type is the fasting of the believers; it is the fasting of the limbs (abstaining from committing sins) and the third type is the fasting of the Muttaqeen (the pious); it is leaving everything and turning to Allah only.

**Praise be to Allah, the Lord of Creations**





## **fatwa (08): What to do in case of not compensating the days of Ramadan in which one broke his/her fast?**

**In the Name of Allah, The Most Gracious, Most Merciful**

What to do in case of not compensating the days of Ramadan in which one broke his/her fast?

### **Question:**

I did not fast in compensation of the days of Ramadan in which I had my period for about 5 years. That is, I have about 35 days. What should I do?

### **Answer:**

You should fast in compensation of those days. If you couldn't compensate them for an excuse such as being pregnant, breastfeeding or travelling, you should only fast the same number of days, but if you had no excuse, you should fast the same number of days and feed a poor person for every day.

**Praise be to Allah, the Lord of Creations**



## **fatwa (09): Compensatory fasting or fasting six days of Shawwal**

**In the Name of Allah, The Most Gracious, Most Merciful**

Compensatory fasting or fasting six days of Shawwal, which comes first?

### **Question:**

If a woman broke her fast during Ramadan due to period wanted to fast in compensation for those days, should she fast the compensatory days or the six days of Shawwal first?

### **Answer:**

Scholars have different opinions in this regards. Some say that a woman should fast in compensation before fasting the six days of Shawwal, while others say that she can fast the six days of Shawwal even before fasting the compensatory days. I prefer the second opinion because it was narrated in the hadith that Mrs. Aisha used to fast the compensatory days in Shaaban and she probably used to fast the voluntary fast at its due time.

**Praise be to Allah, the Lord of Creations**



## **fatwa (10): Pregnant women and fasting**

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

If a pregnant woman feels too tired during fasting, can she break her fast, provided that fasting is not dangerous for her nor for the baby?

### **Answer:**

Pregnant and breastfeeding women can break their fast and only pay fidya (giving a poor person two satisfactory meals for everyday of fasting). That is the opinion of most scholars.

**Praise be to Allah, the Lord of Creations**



## **fatwa (11) : Using nasal and eye drops while fasting**

**In the Name of Allah, The Most Gracious, Most Merciful**

Nasan and eye drops while fasting

### **Question:**

Can I use nasal and eye drops while fasting

### **Answer:**

Scholars have different opinions regarding nasal and eye drops. I prefer the opinion that it is ok to use them if one does not swallow any of them as swallowing some of them nullifies the fasting.

**Praise be to Allah, the Lord of Creations**



## **fatwa (12): Diuretic injection while fasting**

**In the Name of Allah, The Most Gracious, Most Merciful**

### **Question:**

Does taking diuretic intramuscular or intravenous injection nullify fasting?

### **Answer:**

It does not nullify fasting but it is better to keep it till after sunset if possible.

**Praise be to Allah, the Lord of Creations**



## fatwa (13): Time and rulings of Eid prayer

In the Name of Allah, The Most Gracious, Most Merciful

### Question:

What time should we perform Eid prayer and how do we perform it?

### Answer:

The time of Eid Salah is after the sun has reached the height of a spear (which is close to 3 meters), and it can be offered until noon according to the following Hadith:

**((Ahmad ibn Hassan records that Jundub (RA) said: "The Prophet (Sallallohu Alaihe Wassallam) prayed the Eid-ul-Fitr prayer while the sun was [approximately] six meters above the horizon and the Eid of the sacrifice while the sun was three meters above the horizon))".**

However, it is best to pray Al-Adha at the earliest time to enable people to slaughter their sacrifices; and it is recommended to delay Al-Fitr prayer, to enable people to give out their Sadaqah (zakatul-Fitr).

The Eid Salah is not preceded with Athan or Iqamah. Jabir bin Samurah reported, "I prayed the Eid prayer with Allah's Messenger (peace be upon him), on more than one occasion, without Athan or Iqamah." Hence, it is a Prophetic Sunnah not to give Athan or Iqamah. The Prophet PBUH used to deliver Eid Khutbah in two units and he used to sit down between the two parts of Khutbah.

Eid Salah consists of two Rak'at preceded by seven Takbirat in the first Rak'ah before reciting Al-Fatihah.

**Praise be to Allah, the Lord of Creations**





## fatwa (14): Sunan of Eid Al-Fitr

**In the Name of Allah, The Most Gracious, Most Merciful**

### Question:

What are the sunan of Eid Al-Fitr?

### Answer:

The first preferable thing for Eid Salah is to offer Gusl and to wear perfume and the best clothes one has. Narrated Ja'far Ibn Muhammad from his father from his grandfather that the Prophet PBUH used to put on a hibarah garment every Eid (Hibarah is a fabric from Yemen with colored stripes of red or green). Nowadays, people put on their best suits on the occasion of Eid which they usually wear on certain occasions and in official visits. Unfortunately, people in our era evaluate one another through the clothes one wears). The Prophet PBUH said:

**((You are going to visit your brothers, so repair your saddles and make sure that you are dressed well, so that you will stand out among people like an adornment)).**

Narrated by Al-Hasan As-Sabt, he said: "The Prophet PBUH used to order us to wear the best clothes we have for the two Eid Salah, to wear the best perfumes that we have and to sacrifice the best of our livestock." The Prophet PBUH used to put on the best of his garments on the occasion of Eid, and he had a special garment he used to wear on the occasion of Eids and on Friday Salah which is a weekly kind of Eid for the Muslim, whereas the two main Eids are annual occasions. Accordingly, the Islamic Eids are the two Eids (AlFitr and Al-Adha) and Friday.

It is also part of the Prophetic Sunnah to eat odd number of dates before going to perform Eid-ul-Fitr Salah, whereas it is part of Sunnah to do that after coming back from Eid-ul-Adha Salah, so that the Muslim will eat from his sacrificed animal. Hence, eating on the occasion of Eid-ul-Fitr is before Eid Salah, whereas eating on the occasion of Eid-ul-Adha is after Eid Salah.

**((Narrated Anas bin Malik: Allah's Messenger (PBUH) never proceeded (for the prayer) on the Day of 'Eid-ul-Fitr unless he had eaten some dates. Anas also narrated: The Prophet (PBUH) used to eat odd number of dates.))**

[Al-Bukhari and Ibn Khuzaimah in his Sahih]

Odd number of dates means 1, 3 or 5, and that was mentioned in a Hadith narrated by Ahmad and Al-Bukhari.

**((Narrated Baridah, the Prophet PBUH with regard to the day of Eid-ul-Adha, would not eat until he returned from the place of prayer. Then he would eat from the animal he slaughtered as his sacrifice)).**

[From Musnad Ahmad by Abdullah Ibn Baridah by his father]

Ibn Qudamah said that scholars had different opinions about eating before Eid-ul-Fitr Salah. The Majority of scholars agreed that "it is Mustahab to go to the Eid Salah walking on one road and to come back from it walking on another", but what is the wisdom behind doing so? The wisdom behind it is to meet as many people as you can, because Eid is all about meeting people, greeting them and showing affection peace and love towards them.

Our Lord has imposed these two occasions (Eid-ul-Fitr and Eid-ul-Adha) for a profound wisdom; they are an opportunity to bring joy to the Muslim and to spread joy among people who are

around him. Therefore, during Eid there is no business, no problems, no work, no errands to run, no commodities to buy and no deliveries to make, and all these activities should be suspended. In other words, all the Muslims do during Eid is eating sweets, enjoying the holiday and putting on best clothes. Accordingly, your family and the people around you should feel your affection and love, they should hear nice words, and they should see your new cloths and the extra amounts of food and sweets (more than usual). It is preferable to bring the food and sweets your children like and to buy the clothes they choose to wear. This is what Eid is all about, but of course it is the apparent gains of it since there is a deeper sense of Eid .

### **Praise be to Allah, the Lord of Creations**



## fatwa (15): Fasting six days of Shawwal

In the Name of Allah, The Most Gracious, Most Merciful

### Question:

What is the ruling on fasting six days of SHawwal?

### Answer:

The prophet (PBUH) said:

**"Whoever fasts Ramadan, then follows it with six from Shawwal, it will be as if he fasted for a lifetime".**

This Noble Hadith includes social, religious, healthy indications. The healthy indication is that the sudden shift from the state of fasting- which requires refraining from eating and drinking to the normal state causes health problems. Therefore, there should be a gradual shift from fasting thirty days to fasting six consecutive or non-consecutive days. The social indication is that perhaps your wife was not able to fast for some days of Ramadan because of a religious excuse (because of her menstrual period for example), so when you fast together the six days of Shawwal, you will not let her fast alone making compensating the missed days of fasting, and so she will be happy with this noble gesture of you. The religious indication is mentioned in the following Noble Hadith Qudsi in which the Prophet, peace be upon him, narrated that Allah the Almighty says:

**"And the most beloved thing with which My slave comes nearer to Me, is what I have enjoined upon him; and My slave keeps on coming closer to Me through performing Nawafil (voluntary prayers or doing extra deeds besides what is obligatory) until I love him"...**

**Praise be to Allah, the Lord of Creations**

